

Indira Gandhi National Open University

Programme Study Centre, Vijayapur – 85004P
BLDEA's Shri B. M. Patil Institute of Nursing Sciences, Vijayapur

Schedule for CAHC Programme (SOHS)


Academic Counselling – Jan 2026 Session

Time: 2:00 PM to 4:00 PM

SL.No	Topic	Link of Recoded session/ Name of Academic Counselor	Date and Time For 2 hours	Online Link for Theory class /Video Class
1	TC-1BLK-1 Unit-1 Introduction to Adolescence Unit-2 Needs and Concerns of Adolescents	https://mail.google.com/mail/u/1/#inbox/FMfcgzGxStqZFcWHcFSfKVJsgLNIJrgbb?projector=1	04/05/2026	https://mail.google.com/mail/u/1/#inbox/FMfcgzGxStqZFcWHcFSfKVJsgLNIJrgbb?projector=1 (Video Link)
2	TC-1BLK-2 Unit-1 Physical Changes in Boys and Girls Unit-2 Cognitive Changes Unit-3 Emotional and Psychosocial Changes	https://drive.google.com/file/d/1bCMs11Dlo2TKvbJFLgIsh8lxnO6S4GFV/view?usp=drive_link https://drive.google.com/file/d/13bztW5DctSEydcImR5X6hDqWCGgaguw3/view?usp=drive_link	05/05/2026	https://drive.google.com/file/d/1bCMs11Dlo2TKvbJFLgIsh8lxnO6S4GFV/view?usp=drive_link https://drive.google.com/file/d/13bztW5DctSEydcImR5X6hDqWCGgaguw3/view?usp=drive_link (Video Link)
3	TC-1BLK-4 Unit-1 Sex and Sexuality Unit – 2 Gender	<ul style="list-style-type: none"> • Doubt clarification for theory course-1, Block 1, 2 & 3 in first half an hour • Unit 1 & 2 of theory course 1 Block 4 <p>Name of Academic counselor – Mrs Savitri</p>	06/05/2026	https://meet.google.com/yxt-xqyk-uoc
4	TC-2BLK-1 Unit – 1 Health and Hygiene (Including Menstrual Hygiene)	https://drive.google.com/file/d/1dNDQRmvVNYcOAI0FrNbyThv1pwbCPP6Y/view?usp=drive_link	07/05/2026	https://drive.google.com/file/d/1dNDQRmvVNYcOAI0FrNbyThv1pwbCPP6Y/view?usp=drive_link (Video Link)

5	TC-2BLK-1 Unit-2 Nutrition	<ul style="list-style-type: none"> • Doubt clarification for theory course-2,Block1, Unit1,2&3 in first half an hour • Unit1&2theorycourse2block1 Name of Academic counselor – Mrs Savitri	08/05/2026	https://meet.google.com/yxt-xqyk-uoc
6	TC-2BLK-1 Unit-3 Substance Abuse	Name of Academic counselor– Mrs Savitri	09/05/2026	https://meet.google.com/yxt-xqyk-uoc
7	TC-2BLK-2 Unit-1 Adjustment and Conduct	https://drive.google.com/file/d/1bnhMNakvetvJ8hpXzCwdT6X6QtMFDX9m/view	10/05/2026	https://drive.google.com/file/d/1bnhMNakvetvJ8hpXzCwdT6X6QtMFDX9m/view (Video Link)
8	TC-2BLK-2 Unit –2 Peer Influence	https://drive.google.com/file/d/1nABOnofO3nrManHzGmEloLZ80nKrna1c/view	11/05/2026	https://drive.google.com/file/d/1nABOnofO3nrManHzGmEloLZ80nKrna1c/view (Video Link)
9	TC-2BLK-2 Unit-3 Stress	https://drive.google.com/file/d/141_TZxfrl2DLM5JHO7QowZTBpcom6Mqh/view	12/05/2026	https://drive.google.com/file/d/141_TZxfrl2DLM5JHO7QowZTBpcom6Mqh/view (Video Link)
10	TC-2BLK-2 Unit-4 Depression and Suicide	https://drive.google.com/file/d/1KyWvC7Dkll_K0jhJxu5X9pWFT1v4xE9U/view	13/05/2026	https://drive.google.com/file/d/1KyWvC7Dkll_K0jhJxu5X9pWFT1v4xE9U/view (Video Link)
11	TC-2BLK-2 Unit –5 Media Influence	https://drive.google.com/file/d/1NhEQKlMnoDvTnpaovti-me0rc5Klw1UK/view	14/05/2026	https://drive.google.com/file/d/1NhEQKlMnoDvTnpaovti-me0rc5Klw1UK/view (Video Link)
12	TC-2BLK-3 Unit-1 RTI/STI And HIV & AIDS Unit-2 Sexual Harassment	Name of Academic counselor– Dr SatishB Nadagaddi	15/05/2026	https://meet.google.com/yxt-xqyk-uoc

	/violence			
13	TC-2BLK-3 Unit-3Early marriage & Teenage pregnancy	https://drive.google.com/file/d/1LZAfCi8I9X2MmT6YPmOtJBcvBJ9vQaLG/view	16/05/2026	https://drive.google.com/file/d/1LZAfCi8I9X2MmT6YPmOtJBcvBJ9vQaLG/view (Video Link)
14	TC-2BLK-4 Unit-1LifeSkills (Personality development)	Name of Academic counselor – Dr Laxmi	18/05/2026	https://meet.google.com/yxt-xqyk-uoc
15	TC-2BLK-4 Unit-2Communicating with Adolescents	Name of Academic counselor – Dr Amitkumar Biradar	19/05/2026	https://meet.google.com/yxt-xqyk-uoc
16	TC-2BLK-4 Unit-3Guidance and Counselling	Name of Academic counselor – Dr Amitkumar Biradar	20/05/2026	https://meet.google.com/yxt-xqyk-uoc
17	TC-2BLK-4 Unit-4Counseling strategies and skills	Name of Academic counselor – Mr Sachin Parnakar	21/05/2026	https://meet.google.com/yxt-xqyk-uoc
18	TC-2BLK-4 Unit-5 Scholastic Issues (Career Plan)	Name of Academic counselor – Mr Sachin Parnakar	22/05/2026	https://meet.google.com/yxt-xqyk-uoc


Programme-in-charge
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